## Richmond Academy

## Girls and Boys Cross Country





Cross Country is a Fall Sport for any girl or boy interested in running middle distance off road running races. The courses vary in terrain and elevation but are always around 5K (3.1 miles) in distance. Richmond Academy has a very solid, successful and growing group of runners. Please consider joining us.

Must have proper paperwork and be academically eligible to participate.

Girls Titles:	Boys Titles:
2019 – 3-AAAA Region Runner Up	2019 – 3-AAAA Region Champions
2018 – 3-AAAA Region Champions	2018 – 3-AAAA Region Champions
2017 – 3-AAAA Region Runner Up	2017 – 3-AAAA Region Champions
2016 – 3-AAAA Region Champions	2016 – 3-AAAA Region Runner Up
2013 – 3-AAAA Region Runner Up	2014 – 3-AAAA Region Individual
2005 – 3-AAA Region Champions	2003 – 3-AAA Region Champions
2004 – 3-AAA Region Champions	2002 – 3-AAA Region Champions
2003 – 3-AAA Region Champions	2001 − 3-AAA Region Champions
2002 – 3-AAA Region Champions	
3-AAAA Individual Champ (2018, 2017, 2016)	3-AAAA Individual Champ (2018, 2019)
8x – All County Champions (2012-2019)	2x – All County Champions (2018, 2019)

For more information please contact Mr. Scheyer Email:

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